

EUTR - Estonia Ultra-Trail Race

1. General information

Estonia Ultra-Trail Race takes place on the 10th - 11th August 2018 in Estonia, Ida-Virumaa region, in Narva; the starting point will be as the finishing one on the territory of starting sport township Akkekula. There will be a locker room, a storage room, a storage point for the athletes on T120 and EXPO.

Noncommercial association the sports club SK ETR - SPORDIKLUBI ESTONIA TRAIL RUNNING is organizing the EUTR. Tracks T120 and T60 and T30 of starting competition EUTR are certificated by Trailrunning International Association, the finishers of tracks distances T120 and T60 and T30 will get the qualification points of UTMB

In the programm of EUTR are included the following distances:

Ultra-Trail distance is about 130 km (further T120) 4 qualification points ITRA

Trail distance for 70 km (further T60) 3 qualification points ITRA

Trail distance for 35 km (further T30) 1 qualification points ITRA

Regulated limit of participation:

T120 - 50 starting numbers

T60 - 100 starting numbers

T30 - 100 starting numbers

Current limit can be increased by the organizers' decision.

2. The goals of the SK ETR project

The main aims of the sports club SK ETR activity is to support the development of physical culture, sport, and health improvement, particularly to increase the popularity of trail running and determine the strongest athletes, to improve the sports proficiency of Estonian and international level athletes, and to develop EUTR competitions up to championship level, to create Estonian trailrunning federation.

3. The purpose of the SK ETR project

Organisation and conducting of the annual international sports event on trailrunning.

4. Start

The centre start of EUTR competitions is situated in Estonia, Ida-Virumaa, on the territory of Akkekula. Start on every distance T120, T60 and T30 will take place on Saturday 11th of August in 2018 at 5:00 a.m. EUTR offline trail and assistancy on the track is forbidden.

5. Track

T120 GPS track <https://tracedetrail.com/en/trace/trace/39848>

T60 GPS track <https://tracedetrail.com/en/trace/trace/39843>

T30 GPS track <https://tracedetrail.fr/fr/trace/trace/55639>

The track consists of one segment with the length of 32 km in one direction of the crosscountry with the return on the control point (32nd km) and following back to starting point.

The segment presents one lap of EUTR, which amounts the distance of 64 km, it is the track T60.

Trail T120 contains the distance of two laps.

Trail T30 supposes the return on the point of 15 km and running back to the start, the length of this distance is 30 km, it is T30 track.

T60 trail has 1 maintenance station on the 0 km point (start/finish), it supposes complete autonomy on T60 trail.

Trail T120 is opened for 19 hours.

Trail T60 is opened for 9 hours.
Trail T30 is opened for 6 hours.

Resting points are situated on the 32 km, 64 km, and 95 km.
Time is limited for 15 km – 3 hours, for 32 km – 6 hours, for 64 km – 9 hours, for 95 km – 14 hours, and finishing point for T120 is 19 hours.

On the maintenance station there will be suggested water and food products. The water is poured into the athlete's container.

The track is marked in 10-200 m, on the difficult parts of track the marking is in vision length, and there is no marking on the straight sections of distance.

For their safe athletes have to follow the markers of the trail, uploaded GPS tracks, the map and the signals of movement controllers. It is allowed to decline into left or right of the distance but no longer than 200 m.

The participants who exceed the time limit are eliminated from the route.

The participant is allowed to continue the distance under own responsibility, if he or she desires.

In the organiser's right to change the distance or the amount of control points in the case of unpredictable situations, informing the participants (in written or oral form) at least 24 hours before.

6. Finish

Finish is on the 0 km. Finish for the distance T120 is closed after 19 hour since the starting moment, at 00:00. Starting/finishing point is closed at 00:30. All the participants who reached the finish line will be waited with a medal.

7. Participants

All people over 18 years old who are sufficiently prepared for overcoming the distances may take part in the EUTR competitions. Before the registration the organisers recommend to check health, to have a confirmation from a doctor that participant is able to run the desirable distance, and to have a valid insurance policy for the period of sport event. Also we recommend to get an additional insurance from ITRA on the days of competition.

8. Registration

Athletes with IP from 650 for men and from 550 for women are exempted from the registration fee. The participants are registered by e-mail. It is necessary for registration to send a message on the organiser's e-mail spordiklubi.etr@gmail.com (name the topic of letter EUTR2018) with the completed questionnaire of registration and supported with a motivation letter. The first and last names of a participants are enrolled in the starting protocol after payment of participation fees <https://trailrunning.ee/StartProtocolEUTR2018.xls> The payment according to the chosen distance is available through the bank onto the organiser's account:

SWEDBANK www.swedbank.ee The name of receiver: SPORDIKLUBI ESTONIA TRAIL RUNNING Account number: EE622200221064582602 In the explanation with Latin letters indicate the first and last names of athlete and chosen distance, for example, T120, date of birth, for example 27-02-1971, and the place of living. The example to the payment explanation: ALEXANDER TIKHONOV T120 15-09-1971 NARVA

The payment at the secretary on the day of start 10th August 2018 is possible only in exclusion, and only with cash. The registration is over on Saturday 30th June 2018 at 00:00 or in the case of a distance's overlimit. As a confirmation for the successful registration the name of a participant will be enrolled in the starting protocol

The organiser asks to send the applications on participation to the following address: spordiklubi.etr@gmail.com (name the topic EUTR2018). Applying for the participation in EUTR - Estonia Ultra-Trail Race the participant agrees with the competition's instruction and takes the responsibility for his/her participation. The participant who has been registered and has paid the fees agrees that he/she will get e-mails containing the important information.

Registration questionnaire has to be completed with Latin words and the attached motivation letter is welcome in .pdf format.

1. Name and surname
2. Personal code - (for those who live in Estonia and have residence permission in Estonia)
3. Date of birth (example: 27-02-1971)
4. Sex (Male/Female)
5. Country
6. City
7. Post index
8. Post address
9. Athlete's mobilphone
10. Mobilphone of relatives for contact in an emergency
11. E-mail
12. The name of sports club and the team if there is
13. Distance
14. Name the snickers, in which you will pass the distance
15. Covering motivation letter in free form in Estonian, Russian or English
16. Indicate the size of finisher's top S, M or L

Applying for the participation in the start EUTR - Estonia Ultra-Trail Race you agree to receive the suggestions by e-mail and agree with rules/statements of competitions EUTR - Estonia Ultra-Trail Race. You read all the official information and rules/instructions on the website of the competitions, and affirm that you are well-trained for the chosen distance, and you have medical health check and specialists' permission. Registration fee for participation in competitions after payment is non-refundable

9. Reregistration

Reregistration is available until 31st May 2018. The pay for reregistration (including the name's and surname's change) is 10 euro, plus you need to pay the difference if you change the distance.

10. Payment for participation

Payment for participation in the period of registration:

T120 distance's register cost is 15 euro

T60 distance's register cost is 25 euro

T30 distance's register cost is 50 euro

Participants are provided with the place on trail, starting chest number, timing, service on the maintenance station, finishing service, rewarding, web diploma, result in the protocol, transmitting the results to ITRA, medical care in an emergency, transport till the finish for offlined DNF

11. Starting materials

Starting materials consist of starting number and time measuring chip, EUTR top and materials from partners. Starting equipment is distributed at the information/secretariat point of the competition. To the start are permitted only those participants who have EUTR 2018 starting numbers. There will be needed a special belt for fixing the number, and starting number has to be visible during all the competition. Starting number is personal and only one participant may be registered under it.

12. Required equipment T120, T60, T30

Sports headwear

Sunglasses, and spectacles are necessary for an athlete instead of contact lenses.

Flashlight, and back blinking flashlight, and as minimum one light reflector.

Rucksack

T120, T60 - Containers with water or sports drink with capacity of 2,5 litres.

T30 - Containers with water or sports drink with capacity of 1,5 litres.

Watch or other device with uploaded GPS track.

Phone cell with local contact operator and the organizer's number

Whistle

Printed map of route.

Sports nutrition and provision supplies necessary for the chosen distance.

Isothermal rescue blanket

Sportshoes for trailrunning

Protecting gloves

Recommended equipment T120, T60, T30

Belt for fixing a starting number

Long-sleeved thermo-shirt

Windbreaker with hood

Waterproofed material sack for the rucksack's stuff

Knife

Talisman

13. Time measurement

Partner Antrotsenter OU antrotsenter.ee provides time measurement, starting number (colour of number according to the distances: T120 starting number is white, T60 starting number is black, T30 starting number is blue) and electronical chip.

14. Age classes

At all distances, the results are determined in the absolute sequence.

15. Results

The results are published on the website facebook.com/EstoniaUltraTrail

16. Medical aid

If you notice a person on the track in an emergency inform about it as soon as possible, call the organizer and emergency number 112.

17. Interruption of distance

The organizer has a right to withdraw a participant, if he/she doesn't fit in time limit EUTR.

Arbiters has a right to withdraw a participant if they account it necessary.

18. Disqualification

The organizer has a right to disqualify a participant if he or she doesn't follow the rules of competitions, or disturbs other participants, or somehow impedes the running of competitions.

19. Rewarding

The rewarding of participants who showed the best results passes according to the schedule in the centre of conducting the competitions.

20. Photography and video recording

The photo and video making on EUTR 2018 is provided by the partner, the photographers'

network AUTORI FOTO. The organizers have a right to use the photos and videotape, which were made by them during the competition, in undetermined terms.

21. Environmental protection

The athlete is obliged to take responsibility not only for following the organizers' rules but for the environment safety as well. We highly recommend to have a rubbish bag with you, as running the trail or staying in the starting place also.

22. The place.

Starting township is situated in Estonia, in Narva on the territory of Akkekula.

23. Accommodation

The partner of EUTR 2018, hotel "Narva" (Pushkini st, 6, Narva, 20308, Estonia) offers the discount for the period 9-12th August, 2018

24. Protests

All the protests concerning the certain athlete's competition results, breaking the rules and others, should be presented during 1 hour after the finish of the athlete. Paying fee for protesting is 50 euro. All the protests concerning the competition will be analyzed by jury, which consists of the competition's director and the main arbitur. Incidents, not mentioned in the instruction, are resolved in the organizing cometeo with the current order.

25. The programm of EUTR 2018 - Estonia Ultra-Trail Race 2018

10.08.2018

- 12.00 – 21.00 Working hours of EXPO on the territory of Akkekula, distributing of starting numbers to the registered participants, cultural events and leading sport brands products sale
- 18-00 – Briefing Race on the territory of EXPO in Russian, Estonian and English
- 19-00 – Lecture on trailrunning (lector is a well-known trailrunner from Russia)

11.08.2018

- 04:00 – Opening of starting point, of a locker room and a storage room for the athletes on T120 distance.
- 05:00 – Formation and start of the participants on all the distances
- 05:15 - Sunrise
- 08:00 – Finish of the first athlete on T30
- 11:00 - Finish of the last athlete on T30 Finish of the first athlete on T60
- 14:00 - Finish of the first athlete on T60
- 17:00 - Finish of the first athlete on T120
- 21:09 - Sunset
- 00:00 – Finish of the last athlete and T120 distance finish close
- 00:30 – Time of closure the sports township

26. Registration for the representers of their brands, products, services, and advertisement, sports nutrition sale or lectures.

Register for presenting your material on EXPO territory by e-mail. Send the letter and completed questionnaire to the organize: spordiklubi.etr@gmail.com (name the topic EXPOEUTR2018)

The margin for the cleaning of the rent place after all the visitors of EXPO is 200 euro.

Bank account: SWEDBANK www.swedbank.ee

Name of reciever: SPORDIKLUBI ESTONIA TRAIL RUNNING

Account number: EE622200221064582602

Key word in the explanation with Latin words: EXPO EUTR2018 Example: ALEXANDER

TIKHONOV EXPO EUTR2018

Registration is available till 31st May 2018. For the affirmation that the representer of material on EXPO is successfully registered, there will be announcement on the website and feedback from the organizer. The organizer ask to send the applications for participation to the following e-mail: spordiklubi.etr@gmail.com (name the topic EXPO EUTR2018).

Registrating for the presenting your material on EXPO on EUTR - Estonia Ultra-Trail Race you take the responsibility for the quality of your product and your survice, you guarantee the quality.

Questionnaire for the participation on EXPO

Complete the questionnaire in Latin words and the attached motivation letter is welcome in .pdf format.

1. Name and surname
2. Personal code and register code of organisation (only for Estonian organisations)
3. Date of birth (Example: 27-02-1971)
4. Sex (Male/Female)
5. Country
6. City
7. Post index
8. Post address
9. Mobilphone
10. E-mail
11. Name of organisation/firm and it's register data
12. Covering motivation letter in free form, describing the product, material, or service you would like to present on EXPO.

27. Instructions/statements change

The organizer has a right for change, correction, and addtion in the current instructions/statements.

28. INFO

Organizer: SPORDIKLUBI ESTONIA TRAIL RUNNING

Website:facebook.com/EstoniaTrailRunning

Bank: SWEDBANK www.swedbank.ee

Account number: EE622200221064582602

Name of reciever: SPORDIKLUBI ESTONIA TRAIL RUNNING

Register code: SK ETR: 80403580

Website of competitions EUTR - Estonia Ultra-Trail Race: facebook.com/EstoniaUltraTrail

Event: EUTR2018 - Estonia Ultra-Trail Race 2018

facebook.com/events/1866574926941536/

Competition's director: ALEXANDER TIKHONOV

Competition's director personal profile: facebook.com/id85950323

Tel. +372 555 543 03 (in Russian)

Questions concerning the competitions – spordiklubi.etr@gmail.com (topic EUTR2018)

